

§4.4, §5 More integrals

① Indefinite Integral of f : $\int f(x) dx = F(x) + C$, where $F'(x) = f(x)$.

- We want a new notation for the most general anti-D of $f(x)$,

$$\int f(x) dx = F(x) + C, \text{ where } F(x) \text{ is any anti-D of } f(x), \text{ i.e., } F'(x) = f(x).$$

- In particular, $\int F'(x) dx = F(x) + C$, and $F(x) = \int F'(x) dx (+C)$

★ Most important integrals: $\int x^n dx = \frac{1}{n+1} x^{n+1} + C$, $n \neq -1$. $\int 1 dx = x + C$

★ $\int \sin x dx = -\cos x + C$, $\int \cos x dx = \sin x + C$, $\int \sec^2 x dx = \tan x + C$, $\int \tan x \sec x dx = \sec x + C$.

eg1. Find the most general function F such that $F'(x) = \frac{4}{\sqrt[3]{x}} - 2 \tan x \sec x$.

$$\text{soln: } F(x) = \int \frac{4}{\sqrt[3]{x}} - 2 \tan x \sec x dx$$

$$= \int 4 \cdot x^{-\frac{1}{3}} - 2 \tan x \sec x dx$$

Apply the formula of $\int x^n dx$ with $n = -\frac{1}{3}$

$$= 4 \cdot \int x^{-\frac{1}{3}} dx - 2 \int \tan x \sec x dx$$

$$= \boxed{4 \cdot \frac{1}{-\frac{1}{3}+1} \cdot x^{-\frac{1}{3}+1} - 2 \cdot \sec x + C} = \frac{2}{3} \cdot x^{\frac{2}{3}} - 2 \cdot \sec x + C$$

eg2. Evaluate the indefinite integral

$$\int u \cdot (\sqrt{u} + 2) du = \int u \cdot u^{\frac{1}{2}} + 2u du$$

$$= \int u^{\frac{3}{2}} + 2 \cdot u du$$

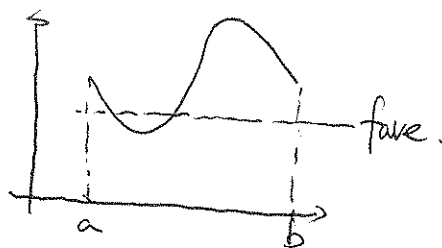
Apply the formula with
 $n = \frac{3}{2}$ and $n = 1$

$$= \frac{1}{\frac{3}{2}+1} \cdot u^{\frac{3}{2}+1} + 2 \cdot \frac{1}{1+1} u^{1+1} + C$$

$$= \boxed{\frac{2}{5} u^{\frac{5}{2}} + u^2 + C}$$

- Average of $f(x)$ over $[a, b]$

$$f_{\text{ave}} = \frac{1}{b-a} \int_a^b f(x) dx$$



eg4 Find the average of $f(x) = \frac{1}{x^2}$ on the interval $[1, 4]$

sln: $f_{\text{ave}} = \frac{1}{4-1} \int_1^4 \frac{1}{x^2} dx = \frac{1}{3} \int_1^4 \frac{1}{x^2} dx = \frac{1}{3} \cdot \frac{3}{4} = \boxed{\frac{1}{4}}$

$$\begin{aligned} \int_1^4 \frac{1}{x^2} dx &= \int_1^4 x^{-2} dx = \frac{1}{-2+1} x^{-2+1} \Big|_1^4 = \frac{1}{-1} x^{-1} \Big|_1^4 \\ &= -1 \cdot \frac{1}{x} \Big|_1^4 \\ &= -\frac{1}{4} - \left(-\frac{1}{1}\right) = -\frac{1}{4} + 1 = \boxed{\frac{3}{4}} \end{aligned}$$

- Mean Value Theorem for Integral.

If $f(x)$ is continuous on $[a, b]$, then there is some $c \in (a, b)$ such that

$$f(c) = f_{\text{ave}} = \frac{1}{b-a} \int_a^b f(x) dx.$$

Rank: The above formula can be derived from MVT and FTC2.

eg5. For $f(x) = \frac{1}{x^2}$ on $[1, 4]$ in eg4, find the value of $c \in (1, 4)$ such that $f(c) = f_{\text{ave}}$.

sln: From eg4, we know that $f_{\text{ave}} = \frac{1}{4}$

Then set $f(c) = \frac{1}{c^2} = \frac{1}{4}$, solve for c .

$$\Rightarrow 4 = c^2 \Rightarrow c = \pm 2.$$

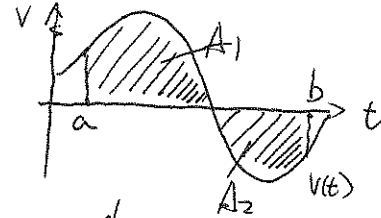
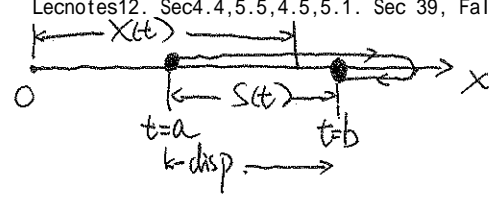
Only $\boxed{c=2}$ is in $(1, 4)$.

② Moving particle with velocity $v(t)$.

Position function $x(t) = \int v(t) dt$

★ Displacement from $t=a$ to $t=b$ D.P. = $\int_a^b v(t) dt$

★ Distance from $t=a$ to $t=b$ D.T. = $\int_a^b |v(t)| dt$



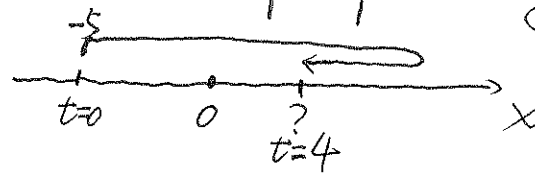
$$\text{disp} = \int_a^b v dt = A_1 - A_2$$

$$\text{distance} = \int_a^b |v| dt = A_1 + A_2$$

eg 3. An object moves along a coordinate (to the right) line with velocity $v(t) = t(2-t)$.

Its initial position is 5 units to the left of the origin.

(a) Find its position after 4 seconds.



Displacement from $t=0$ to $t=4$.

$$\int_0^4 t(2-t) dt = \int_0^4 2t - t^2 dt = t^2 - \frac{1}{3}t^3 \Big|_0^4 = (4^2 - \frac{1}{3}4^3) - 0 = 16 - \frac{64}{3}$$

$$\text{Position} = \text{Initial position} + \text{Displacement} = -5 + 16 - \frac{64}{3} = \boxed{11 - \frac{64}{3}}$$

★ (b). Find the distance traveled from $t=0$ to $t=4$.

$$\text{Distance} = \int_0^4 |t(2-t)| dt$$

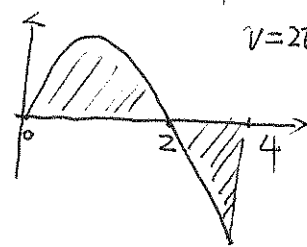
$$= \int_0^2 |2t - t^2| dt + \int_2^4 |2t - t^2| dt$$

$$= \int_0^2 2t - t^2 dt + \int_2^4 -(2t - t^2) dt$$

$$= t^2 - \frac{1}{3}t^3 \Big|_0^2 + (-t^2 + \frac{1}{3}t^3) \Big|_2^4$$

$$= 2^2 - \frac{1}{3}2^3 - 0 + (-4^2 + \frac{1}{3}4^3) - (-2^2 + \frac{1}{3}2^3)$$

$$= \frac{48}{3} - 8 = \boxed{8}$$



$$v = 2t - t^2 > 0 \quad 0 < t < 2$$

$$v < 0 \quad 2 < t < 4$$

$$|v| = |2t - t^2| = \begin{cases} 2t - t^2 & 0 < t < 2 \\ t^2 - 2t & 2 < t < 4 \end{cases}$$

§ 4.5. Substitution Method

Key points: ① Differential Notation: If $u = g(x)$, then $du = g'(x) \cdot dx$.

$$\textcircled{2} \text{ u-Sub: } \int \underbrace{f(g(x))}_u \cdot \underbrace{g'(x) \cdot dx}_{du} \stackrel{u=g(x)}{du=g'(x)dx} \int f(u) \cdot du$$

• Goal of u-Substitution Method: By changing the variable x into u , we convert the integral into one of those five basic integrals which we can deal with.

• Basic integrals: $\int x^n dx = \frac{1}{n+1} x^{n+1} + C$, $\int \sin x dx = -\cos x + C$, $\int \cos x dx = \sin x + C$

$$\int \sec^2 x dx = \tan x + C, \quad \int \sec x \cdot \tan x dx = \sec x + C.$$

① Differential Notation and Composition of functions.

eg. 1. $u = x^2 + 1$, $\frac{du}{dx} = (x^2 + 1)' = 2x \Rightarrow \boxed{du = 2x \cdot dx}$.

eg. 2. If $f(x) = \sqrt{x}$, ~~then~~ $u = x^2 + 1$, then $f(u) = \sqrt{u} = \sqrt{x^2 + 1}$

② u-Sub method for indefinite integral

eg. 3. Evaluate $\int \sqrt{u} \cdot du \stackrel{n=\frac{1}{2}}{=} \frac{1}{\frac{1}{2}+1} \cdot u^{\frac{1}{2}+1} + C = \boxed{\frac{2}{3} \cdot u^{\frac{3}{2}} + C}$

eg. 4. $\int \sqrt{x^2 + 1} \cdot 2x \cdot dx$.

$$= \int \sqrt{u} \cdot du.$$

$$= \frac{2}{3} \cdot u^{\frac{3}{2}} + C$$

$$= \frac{2}{3} (x^2 + 1)^{\frac{3}{2}} + C.$$

Set $u = x^2 + 1$. According to eg. 1. $du = 2x \cdot dx$.

Plug in u and du . By substituting u and du the integral of x turns into an integral of u with simpler form, which we evaluate in eg. 3.

Replace u by $x^2 + 1$ in the last step.

- The key of u-sub is to find the right substitution u .

More examples:

eg 5. Evaluate $\int x \cdot (2x^2+1)^3 \cdot dx$. Hint: $u=2x^2+1$ is the ugly part.
(14 final)

$$u=2x^2+1, \quad du=4x \cdot dx \Rightarrow \boxed{x \cdot dx = \frac{1}{4} \cdot du}$$

$$= \int (2x^2+1)^3 \cdot x \cdot dx$$

$$= \int u^3 \cdot \frac{1}{4} \cdot du = \frac{1}{4} \cdot \frac{1}{3+1} \cdot u^{3+1} + C$$

$$= \frac{1}{16} \cdot u^4 + C = \boxed{\frac{1}{16}(2x^2+1)^4 + C}$$

eg 6. Evaluate $\int \frac{\sec(\frac{x}{2}) \cdot \tan(\frac{x}{2})}{\sqrt{\sec(\frac{x}{2})}} \cdot dx$. Hint: $u=\sec(\frac{x}{2})$ is the ugly part.
(14 final)

$$u = \sec\left(\frac{x}{2}\right), \quad du = \sec\left(\frac{x}{2}\right) \tan\left(\frac{x}{2}\right) \cdot \frac{1}{2} \cdot dx, \quad \text{chain rule for } (\sec \square)' = \sec \square \cdot \tan \square$$

$$\Rightarrow 2 du = \sec\left(\frac{x}{2}\right) \cdot \tan\left(\frac{x}{2}\right) \cdot dx$$

$$= \int \frac{2 du}{\sqrt{u}} = \int 2 \cdot u^{-\frac{1}{2}} du$$

$$= 2 \cdot \frac{1}{-\frac{1}{2}+1} \cdot u^{-\frac{1}{2}+1} + C$$

$$= 2 \cdot 2 \cdot u^{\frac{1}{2}} + C \xrightarrow{\text{back to } x} \boxed{4 \left(\sec\left(\frac{x}{2}\right)\right)^{\frac{1}{2}} + C}$$

- Linear substitution and more general form of the five basic integrals.

$$\star \int (ax+b)^n = \frac{1}{n+1} \cdot X^{n+1} + C, \quad \int \sin(ax+b) dx = -\frac{1}{a} \cos(ax+b) + C, \quad \int \cos(ax+b) dx = \frac{1}{a} \sin(ax+b) + C$$

$$\int \tan(ax+b) \cdot \sec(ax+b) \cdot dx = \frac{1}{a} \sec(ax+b) + C, \quad \int \sec^2(ax+b) dx = \frac{1}{a} \tan(ax+b) + C.$$

eg 7. $\int \sin(1-2x) \cdot dx$ $\frac{u=1-2x}{du=-2dx}$ $\int \sin u \cdot \frac{du}{-2} = \frac{1}{-2} (-\cos u) + C = \boxed{\frac{-1}{-2} \cos(1-2x) + C}$
 $\frac{du}{-2} = dx$

③ u-sub for definite integral.

eg. 8. Evaluate the definite integral $\int_0^2 \frac{1}{\sqrt{9-4x}} dx$.

Ugly part: $9-4x$. $u=9-4x$, $du=-4 \cdot dx \Rightarrow dx = \frac{du}{-4}$

Caution: \int_0^2 0, 2 are for x . They also change as we substitute $9-4x$ by u .

$$\int_{x=0}^{x=2} \xrightarrow{u=9-4x} \begin{matrix} u=9-4 \cdot 2=1 \\ u=9-4 \cdot 0=9 \end{matrix} \int_{u=9}^u=1$$

$$\int_0^2 \frac{1}{\sqrt{9-4x}} dx \xrightarrow{u=9-4x} \int_9^1 \frac{1}{\sqrt{u}} \cdot \frac{du}{-4} \quad \text{Use the flipping trick}$$

$$= \int_1^9 \frac{1}{4} \cdot u^{-\frac{1}{2}} du = \frac{1}{4} \cdot \frac{1}{\frac{1}{2}} u^{\frac{1}{2}} \Big|_1^9$$

$$= \frac{1}{2} \cdot \sqrt{u} \Big|_1^9 = \left[\frac{1}{2} \cdot \sqrt{9} - \frac{1}{2} \cdot \sqrt{1} \right] = \boxed{1}$$

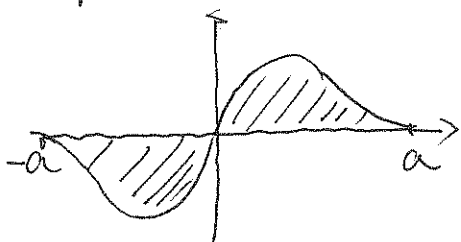
eg. 9. Evaluate $\int_0^{\frac{\pi}{2}} 3 \cdot \tan\left(\frac{x}{2}\right) \cdot \sec^2\left(\frac{x}{2}\right) dx$. Hint: $(\tan \theta)' = \sec^2 \theta$

$$u = \tan\left(\frac{x}{2}\right). \quad du = \frac{1}{2} \sec^2\left(\frac{x}{2}\right) dx. \quad \int_{x=0}^{x=\frac{\pi}{2}} \rightarrow \begin{matrix} u = \tan\left(\frac{\pi}{4}\right) = 1 \\ u = \tan 0 = 0 \end{matrix}$$

$$2 du = \sec^2\left(\frac{x}{2}\right) dx. \quad = \int_0^1 3 \cdot u \cdot 2 du = 6 \cdot \frac{1}{2} u^2 \Big|_0^1 = \boxed{3 \cdot 1^2 - 3 \cdot 0^2 = 3}$$

④ Symmetry integral.

If $f(x)$ is odd, i.e., $f(-x) = -f(x)$, then $\int_{-a}^a f(x) dx = 0$



f odd means the graph of f is symmetric about the origin. Then the area above and below x -axis are the same, which will be cancelled out.

eg. 10. $f(x) = \sin x \cdot (x^2 + 1)$. $\int_{-8}^8 \sin x \cdot (x^2 + 1) dx = 0$

since $f(-x) = \sin(-x) \cdot ((-x)^2 + 1) = -\sin x \cdot (x^2 + 1) = -f(x)$. ($\sin x$ is odd)

More examples and hints for u-substitution:

eg 11. (ww8). $\int_8^{11} x \cdot \sqrt{x-7} dx$.
(14 Final)

Hint: $u = x-7$. $du = dx$.

$$= \int x \cdot \sqrt{u} du$$

there is still one x left. keep substituting

$$= \int (u+7) \cdot \sqrt{u} du$$

via the relation $u = x-7 \Leftrightarrow u+7 = x$.

$$x=11 \rightarrow u = x-7 = 4$$

$$x=8 \rightarrow u = x-7 = 1$$

$$= \int_1^4 u u^{\frac{1}{2}} + 7 \cdot u^{\frac{1}{2}} du$$

$$= \int_1^4 u^{\frac{3}{2}} + 7 \cdot u^{\frac{1}{2}} du = \frac{2}{5} u^{\frac{5}{2}} + 7 \cdot \frac{2}{3} u^{\frac{3}{2}} \Big|_1^4$$

$$4^{\frac{5}{2}} = (\sqrt{4})^5 = 32.$$

$$= \frac{2}{5} \cdot 4^{\frac{5}{2}} + \frac{14}{3} \cdot 4^{\frac{3}{2}} - \left(\frac{2}{5} \cdot 1 + \frac{14}{3} \cdot 1 \right)$$

$$4^{\frac{3}{2}} = (\sqrt{4})^3 = 8$$

$$= \frac{64}{5} + \frac{112}{3} - \frac{2}{5} - \frac{14}{3} = \boxed{\frac{62}{5} + \frac{98}{3}}$$

eg 12. (ww6) $\int \frac{1}{x^2} \sin\left(\frac{3}{x}\right) \cdot \cos\left(\frac{3}{x}\right) dx$. Hint:

$$u = \cos\left(\frac{3}{x}\right).$$

$$= \int \cos\left(\frac{3}{x}\right) \cdot \frac{1}{x^2} \sin\left(\frac{3}{x}\right) dx$$

$$du = -\sin\left(\frac{3}{x}\right) \cdot \left(\frac{3}{x}\right)' dx \quad \text{chain rule.}$$

$$= \int u \cdot \frac{1}{3} du$$

$$= -\sin\left(\frac{3}{x}\right) \cdot \frac{-3}{x^2} dx$$

$$\text{inner } \frac{3}{x} = 3x^{-1}$$

$$= \frac{1}{3} \cdot \frac{1}{2} u^2 + C$$

$$= \sin\left(\frac{3}{x}\right) \cdot \frac{3}{x^2} dx$$

$$(3 \cdot x^{-1})' = 3 \cdot \frac{-1}{x^2}$$

$$= \boxed{\frac{1}{6} \cdot \left(\cos\left(\frac{3}{x}\right)\right)^2 + C}$$

$$\Rightarrow \frac{1}{3} du = \sin\left(\frac{3}{x}\right) \cdot \frac{1}{x^2} dx$$

eg 13. $\int \frac{x^3}{\sqrt{1+2x^4}} dx$.

ugly part: $u = 1+2x^4$, $du = 8 \cdot x^3 dx$

(14 Final)

$$\Rightarrow \frac{1}{8} du = x^3 dx$$

$$= \int \frac{1}{\sqrt{u}} \cdot \frac{1}{8} du$$

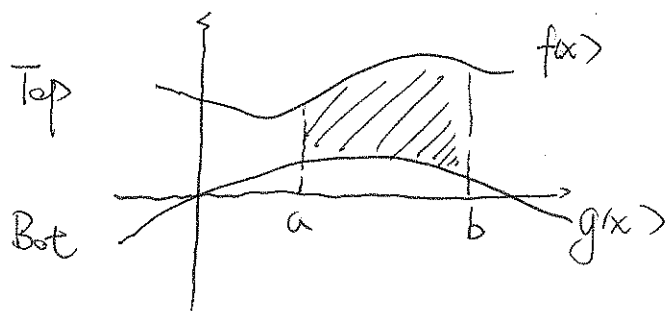
$$= \int u^{-\frac{1}{2}} \cdot \frac{1}{8} du = \frac{1}{-\frac{1}{2}+1} u^{-\frac{1}{2}+1} \cdot \frac{1}{8} + C$$

$$= 2(u)^{\frac{1}{2}} \cdot \frac{1}{8} + C$$

$$= \frac{1}{4} \cdot (1+2x^4)^{\frac{1}{2}} + C.$$

§5.1 Area between curves

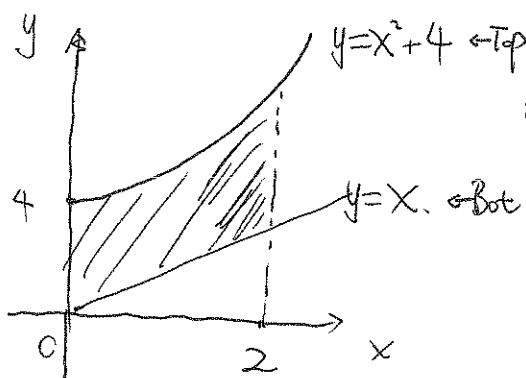
① Two curves: $y=f(x)$, $y=g(x)$ from $x=a$ to $x=b$



Area between the top curve and bot curve is given by

$$\int_a^b [f(x) - g(x)] \cdot dx.$$

eg.1. Sketch the region bounded by $y=x^2+4$, $y=x$, $x=0$, $x=2$ and find the area of the region.



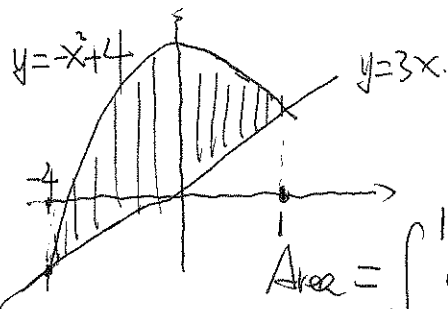
$$\text{Area} = \int_0^2 (x^2+4) - x \, dx.$$

$$= \left. \frac{1}{3}x^3 + 4x - \frac{1}{2}x^2 \right|_0^2$$

$$= \frac{1}{3} \cdot 2^3 + 4 \cdot 2 - \frac{1}{2} \cdot 2^2 - (0+0-0) = \boxed{\frac{8}{3} + 6}$$

★ eg.2. sketch the region bounded by $y=-x^2+4$ and $y=3x$.

Find the intersections of the two curves and find the area of the region



$$\text{Intersections: } -x^2+4=3x \Leftrightarrow x^2+3x-4=0$$

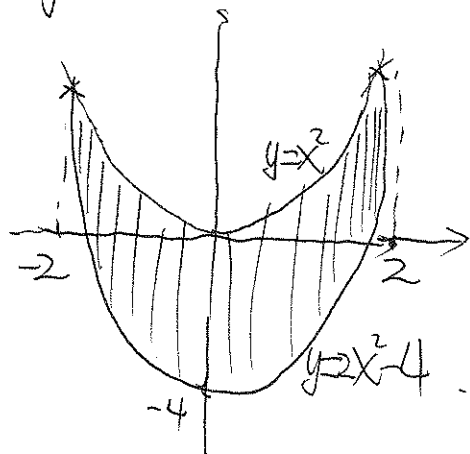
$$\boxed{x=-4, x=1} \quad (x+4)(x-1)=0$$

$$\text{Area} = \int_{-4}^1 (-x^2+4) - (3x) \, dx.$$

$$= \left. -\frac{1}{3}x^3 + 4x - \frac{3}{2}x^2 \right|_{-4}^1 = -\frac{1}{3} + 4 - \frac{3}{2} - \left(-\frac{1}{3}(-4)^3 + 4(-4) - \frac{3}{2}(-4)^2 \right)$$

$$= \boxed{-\frac{65}{3} + 44 - \frac{3}{2}}$$

eg3. Find the area of the region bounded by $y=x^2$, $y=2x^2-4$.



$$\text{Intersections: } x^2 = 2x^2 - 4$$

$$\Leftrightarrow x^2 = 4 \Leftrightarrow x = \pm 2$$

$$\text{Top curve: } y = x^2$$

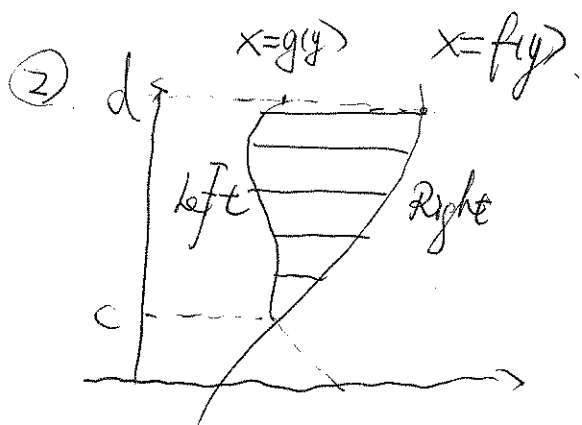
$$\text{Bot curve: } y = 2x^2 - 4$$

$$\text{Area} = \int_{-2}^2 (x^2 - (2x^2 - 4)) dx$$

$$= \int_{-2}^2 (-x^2 + 4) dx = \left. -\frac{1}{3}x^3 + 4x \right|_{-2}^2$$

$$= -\frac{1}{3}2^3 + 4 \cdot 2 - \left[-\frac{1}{3}(-2)^3 + 4(-2) \right]$$

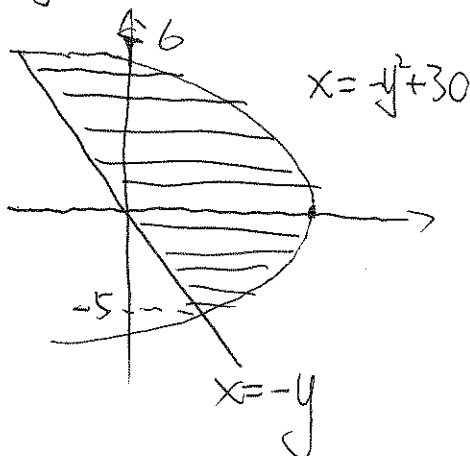
$$= -\frac{8}{3} + 8 - \left[-\frac{8}{3} + 8 \right] = \boxed{16 - \frac{16}{3}}$$



$$\text{Area} = \int_c^d (\text{Right} - \text{Left}) dy$$

$$= \int_c^d (f(y) - g(y)) dy \quad (\text{ww7-10})$$

eg4. (ww8): Find the area of the region bounded by $x=y^2+30$, $x=-y$.



$$\text{Intersections: } -y^2 + 30 = -y \Leftrightarrow y^2 - y - 30 = 0$$

$$y = 6, y = -5$$

$$\text{Area} = \int_{-5}^6 ((-y^2 + 30) - (-y)) dy$$

$$= \left. -\frac{1}{3}y^3 + 30y + \frac{1}{2}y \right|_{-5}^6 = \boxed{-\frac{34}{3} + 330 + \frac{11}{2}}$$

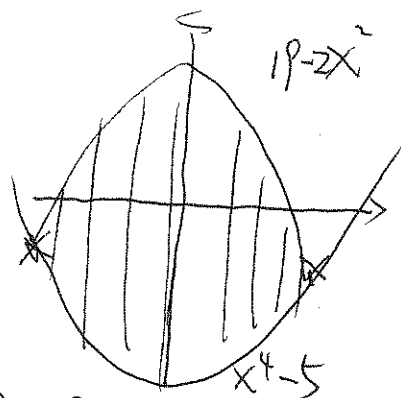
More hints on Webwork:

eg. 5. (ww4).

sketch the region bounded by the curves $2x^2 + y = 19$ and $x^4 - y = 5$, then find the area of the region.

$$\text{sln: } 2x^2 + y = 19 \Rightarrow y = 19 - 2x^2 \leftarrow \text{Top}$$

$$x^4 - y = 5 \Rightarrow y = x^4 - 5 \leftarrow \text{Bot}$$



$$\text{Intersections: } 19 - 2x^2 = x^4 - 5$$

$$\star \Leftrightarrow x^4 + 2x^2 - 24 = 0 \Leftrightarrow (x^2 + 6)(x^2 - 4) = 0$$

$$\Leftrightarrow x^2 - 4 = 0 \Leftrightarrow x = \pm 2$$

$$\text{Area} = \int_{-2}^2 (19 - 2x^2 - (x^4 - 5)) dx = \int_{-2}^2 (24 - 2x^2 - x^4) dx$$

$$= 24x - \frac{2}{3}x^3 - \frac{1}{5}x^5 \Big|_{-2}^2 = \boxed{\frac{1088}{15}}$$

eg. 6. (ww6).

Find $c > 0$ such that the area of the region bounded by $y = x^2 - c^2$ and $y = c^2 - x^2$ is 19

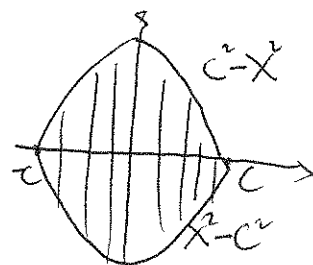
$$\text{sln: Intersections: } x^2 - c^2 = c^2 - x^2 \Rightarrow 2x^2 = 2c^2 \Rightarrow x^2 = c^2 \Rightarrow x = \pm c$$

$$\text{Area} = \int_{-c}^c (c^2 - x^2) - (x^2 - c^2) dx$$

$$= \int_{-c}^c 2c^2 - 2x^2 dx$$

$$= 2c^2 \cdot x - \frac{2}{3} \cdot x^3 \Big|_{-c}^c$$

$$= 2c^2 \cdot c - \frac{2}{3} \cdot c^3 - \left[2c^2 \cdot (-c) - \frac{2}{3} \cdot (-c)^3 \right] = \boxed{\frac{8}{3}c^3}$$



$$\text{Set } \frac{8}{3}c^3 = 19 \Rightarrow c^3 = \frac{3 \cdot 19}{8} \Rightarrow \boxed{c = \left(\frac{3 \cdot 19}{8} \right)^{\frac{1}{3}}}$$

★★. eg 7 (ww 5)

Find the area of the region bounded by $y = \frac{16}{x^3}$, $y = \frac{2}{x^2}$, $x=3$, $x=14$

sln: sketch the graph:

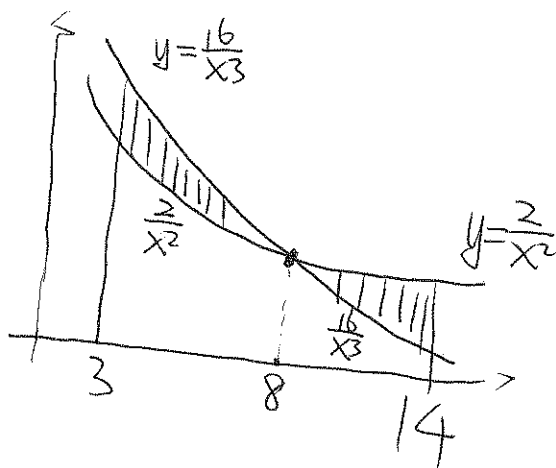
The two curves intersect at

$$y = \frac{16}{x^3} = \frac{2}{x^2}$$

$$\Rightarrow 16x^2 = 2x^3$$

$$\Rightarrow \frac{16x^2}{2x^2} = \frac{2x^3}{2x^2}$$

$$\Rightarrow 8 = x$$



From $x=3$ to $x=8$, $y = \frac{16}{x^3}$ is the top curve

$y = \frac{2}{x^2}$ is the bot curve

From $x=8$ to $x=14$, $y = \frac{16}{x^3}$ is the bot curve

$y = \frac{2}{x^2}$ is the top curve

$$\text{Area} = \int_3^8 \left(\frac{16}{x^3} - \frac{2}{x^2} \right) dx + \int_8^{14} \left(\frac{2}{x^2} - \frac{16}{x^3} \right) dx$$

$$= \int_3^8 (16x^{-3} - 2x^{-2}) dx + \int_8^{14} (2x^{-2} - 16x^{-3}) dx$$

$$= \left(16 \cdot \frac{1}{2} x^{-2} - 2 \cdot \frac{1}{-1} x^{-1} \right) \Big|_3^8 + \left(2 \cdot \frac{1}{-1} x^{-1} - 16 \cdot \frac{1}{2} x^{-2} \right) \Big|_8^{14}$$

$$= \frac{16}{2} \cdot 8^{-2} + 2 \cdot 8^{-1} - \left(\frac{16}{2} \cdot 3^{-2} + 2 \cdot 3^{-1} \right) + \left(-2 \cdot 14^{-1} + 8 \cdot 14^{-2} \right) - \left(-2 \cdot 8^{-1} + 8 \cdot 8^{-2} \right)$$

$$= \left[-8 \cdot \frac{1}{64} + 2 \cdot \frac{1}{8} + 8 \cdot \frac{1}{9} - 2 \cdot \frac{1}{3} + \frac{-2}{14} + \frac{8}{14^2} + 2 \cdot \frac{1}{8} - 8 \cdot \frac{1}{64} \right]$$